

# MARKS OF DISCIPLESHIP



What we are trusting God to do...

Imagine a day when 600 students and faculty are vitally connected to the Cru movement in Southeast Ohio. We, along with our friends and professors, are experiencing a dynamic, growing, love for Christ and the gospel. God is using us to bring others to Christ (win), to build them up in their faith (build), and to send them out to reach others for Christ (send).

God is growing us in our depth of character and is using us to have a broad influence on campus. Depth is seen as we develop a high view of God and his word in gospelcentered communities, as we gather to pray with friends, and as we participate in life-on-life discipleship. Influence is broad as we, along with our friends, are taking the gospel not only to our campus and our region, but to every tribe, tongue and nation.

Each year 75-100 of us are graduating with a strong sense of God's calling on our lives. We carry with us more than a degree; we are leaving college with the passion and ability to make disciples and take the message of Christ to the ends of the earth. We believe God can use us to change the world!

#### What we believe...

The sole basis of our beliefs is the Bible, God's infallible written Word, the 66 books of the Old and New Testaments. We believe that it was uniquely, verbally and fully inspired by the Holy Spirit and that it was written without error (inerrant) in the original manuscripts. It is the supreme and final authority in all matters on which it speaks.

We accept those areas of doctrinal teaching on which, historically, there has been general agreement among all true Christians. Because of the specialized calling of our movement, we desire to allow for freedom of conviction on other doctrinal matters, provided that any interpretation is based upon the Bible alone, and that no such interpretation shall become an issue which hinders the ministry to which God has called us.

- 1. There is one true God, eternally existing in three persons Father, Son, and Holy Spirit each of whom possesses equally all the attributes of Deity and the characteristics of personality.
- 2. Jesus Christ is God, the living Word, who became flesh through His miraculous conception by the Holy Spirit and His virgin birth. Hence, He is perfect Deity and true humanity united in one person forever.
- 3. He lived a sinless life and voluntarily atoned for the sins of men by dying on the cross as their substitute, thus satisfying divine justice and accomplishing salvation for all who trust in Him alone.
- 4. He rose from the dead in the same body, though glorified, in which He lived and died.
- 5. He ascended bodily into heaven and sat down at the right hand of God the Father, where He, the only mediator between God and man, continually makes intercession for His own.
- 6. Man was originally created in the image of God. He sinned by disobeying God; thus, he was alienated from his Creator. That historic fall brought all mankind under divine condemnation.
- 7. Man's nature is corrupted, and he is thus totally unable to please God. Every man is in need of regeneration and renewal by the Holy Spirit.
- 8. The salvation of man is wholly a work of God's free grace and is not the work, in whole or in part, of human works or goodness or religious ceremony. God imputes His righteousness to those who put their faith in Christ alone for their salvation, and thereby justified them in His sight.

- 9. It is the privilege of all who are born again of the Spirit to be assured of their salvation from the very moment in which they trust Christ as their Savior. This assurance is not based upon any kind of human merit, but is produced by the witness of the Holy Spirit, who confirms in the believer the testimony of God in His written word.
- 10. The Holy Spirit has come into the world to reveal and glorify Christ and to apply the saving work of Christ to men. He convicts and draws sinners to Christ, imparts new life to them, continually indwells them from the moment of spiritual birth and seals them until the day of redemption. His fullness, power and control are appropriated in the believer's life by faith.
- 11. Every believer is called to live so in the power of the indwelling Spirit that he will not fulfill the lust of the flesh but will bear fruit to the glory of God.
- 12. Jesus Christ is the Head of the Church, His Body, which is composed of all men, living and dead, who have been joined to Him through saving faith.
- 13. God admonishes His people to assemble together regularly for worship, for participation in ordinances, for edification through the Scriptures and for mutual encouragement.
- 14. At physical death the believer enters immediately into eternal, conscious fellowship with the Lord and awaits the resurrection of his body to everlasting glory and blessing.
- 15. At physical death the unbeliever enters immediately into eternal, conscious separation from the Lord and awaits the resurrection of his body to everlasting judgment and condemnation.
- 16. Jesus Christ will come again to the earth personally, visibly and bodily to consummate history and the eternal plan of God.
- 17. The Lord Jesus Christ commanded all believers to proclaim the Gospel throughout the world and to disciple men of every nation. The fulfillment of that Great Commission requires that all worldly and personal ambitions be subordinated to a total commitment to "Him who loved us and gave Himself for us."

#### The Disciple-Making Challenge...

You are living at a unique moment in the history of the world. Two thousand years ago Jesus issued the Great Commission (Matt. 28:18-20) to his followers. From Genesis to Revelation the Bible calls us to proclaim God's glory to all the nations. Never before have we been so close to completing the task he has given us. Today transportation, technology and media make the gospel more accessible to "every tribe, tongue and nation" than ever before. The Gospel is spreading and taking root around the globe. People who never before had access to the gospel are now hearing about Jesus for the first time. But, there is still much work to be done and an important part for you to play.

#### What do the following passages have in common? Psalm 67; Matthew 28:18-20; Revelation 7:9-10

As a college student you are uniquely positioned to play a vital role in fulfilling the Great Commission in this generation. That is why Cru is active and growing in southeast Ohio. Imagine a day when you walk into a room of 600 students and faculty that are all connected to the Cru movement. You, your friends and your professors are experiencing a dynamic, growing love for Christ and the gospel. God is using you to bring others to Christ, to be built up in their new faith and be sent out with you to reach others for Christ. God is growing you in your **depth** of character and He is using you to have a **broad** influence on the campus. Depth is seen as you develop a high view of God and his word, as you gather to pray with your friends and as you participate in life-on-life discipleship. Influence is broad as you and your friends are taking the gospel to every community on campus. Each year 75-100 students are graduating with a strong sense of God's calling on their lives. You carry with you more than a degree; you are leaving college with the passion and ability to make disciples and take the message of Christ to the ends of the earth. We believe the Lord can use you to change the world.

#### Question: What part of this vision most excites you?

Our mission statement and desire is to <u>turn lost students and faculty into Christ-centered laborers</u>. Often, throughout history God has used college students to make an impact for his Kingdom. We believe that college students will play a vital role in the fulfillment of the Great Commission. That is why we seek to **win** students to Christ, **build** them up in their faith and **send** them out into the world to reach others for Christ. This strategy, taught by the apostle Paul in 2 Timothy 2:2, is the very DNA of our movement.

#### Question: What do you think makes this strategy so effective?

A strong love and desire to serve God has been demonstrated in your life. So, we are inviting you to be trained and equipped on learning how to make disciples. This is a challenge to live out the principles of win, build, send and to participate in helping fulfill the Great Commission. However, this is a challenge, and serving in the Kingdom of God requires great commitment. Serving God through

Cru will include *at least* the following commitments and will require a minimum of 7-10 hours per week.

#### These are the commitments we are asking you to make:

- To maintain a consistent personal walk with the Lord
- To agree with our Statement of Faith (above).
- To live with the character and integrity of a Christ-follower (this includes abstaining from drunkenness, under-age drinking, sexual immorality, gossip, and other areas of character that would be a hindrance to God's kingdom work in and through you)
- To make Cru your main form of ministry while at school
- To be willing and eager to share your faith by initiating conversations with the intent to share the gospel (we will train you)
- To be faithful in meeting with your discipler by making it a priority in your weekly schedule (this depends on the availability of disciplers)
- To attend and actively participate in your Action Group weekly
- To attend and promote Cru events including 180, Fall Retreat, Winter Conference and Big Break
- To apply for a Cru summer mission and make it your first option for next summer (unless God clearly leads you elsewhere)
- To attend two Thursday Night Trainings (TNTs) in April.
- To attend our annual Pass the Baton Celebration on Friday, April 21<sup>st</sup> from 5:00PM-9:00PM.

#### Question: Why do you think each of these commitments is so important?

#### Question: Will you join with us to help fulfill the Great Commission?

This is an important decision and we understand if it is a commitment you are not able to make at this time. That is why we ask you to prayerfully seek out God in this decision, for we know his plans are always best.

#### Our Covenant to One Another

Let each person (disciple and disciple) read this covenant aloud to one another and then sign the bottom of the page as a commitment to one another.

#### GRACE

I accept you (Mk 12:31). I will believe the best in you (1 Cor. 13:4-8). You can be honest with me (1 Jn. 4:18-19). You don't have to perform for me (Rom. 8:1). Your sin won't surprise me (Rom. 3:23). You have the freedom to fail (Mt. 18:21-22). I will forgive you (Prov. 17:9).

#### TRUTH

I love you just the way you are and too much to let you stay that way (2 Cor. 11:2). I will go to you if I have a problem or frustration (rather than hope it disappears or gossip to others) (Mt. 18:15-20).

I am committed to the Word of God and will use it if I see areas that need to be addressed (2 Tim. 3:16).

I will exhort, encourage, and empower you to follow Christ to the best of my ability (1 Thess. 2:12)..

I will share the gospel and myself with you (1 Thess. 2:8).

#### TIME

At times, I will fail or disappoint you (Rom. 3:23). I am in a process (1 Cor. 3:18). I haven't arrived (Phil 3:12-21).

Signatures:

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## MARKS OF DISCIPLESHIP



## YEAR ONE

#### **Desired Outcomes:**

- + O1. Able to initiate and lead spiritual conversations using evangelistic tools (Perspectives/Soularium/Survey).
- + O2. Able to clearly articulate the gospel using the KGP and bring someone to a point of decision.
- + O3. Able to articulate the importance of, and actively have personal quiet time and Bible study.
- + O4. Able to discuss how Scripture describes the believer's position in Christ.
- + O5. Able to share personal testimony.
- + O6. Able to explain the Spirit-filled life.

All resources can be downloaded on Cricket or at http://bit.ly/MarksYear1

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#### Exposure/Experience/Evaluation:

- + Expose disciple to evangelism, then allow him/her to experience doing initiative evangelism and follow up appointments 3-4 times each semester. Provide evaluation. (O1)
- + Expose disciple to the KGP. Have him/her experience going through it with you. Provide evaluation. (O2)
- + Experience writing and sharing his/her personal testimony. Provide feedback. (O5)

#### Education

- + Read and discuss *Making the Gospel Clear* by Jason Hoffman. (O2)
- + Teach him/her Position in Christ from The Compass. (O4)
- + Read and discuss *Hearing the Music of the Gospel* by Keith Johnson. (O<sub>3</sub>/O<sub>4</sub>)
- + Read and discuss How to Have a Quiet Time by Rick Warren. (O3)
- + Read and complete Preparing Your Personal Testimony worksheet. (O5)
- + Read and discuss *Walking in the Spirit* by Rick James. (O6)
- + Read and practice Satisfied? Booklet Presentation by Bob Fuhs. (O6)

## YEAR TWO

#### **Desired Outcomes:**

- + O1. Able to prepare and lead a Bible Study.
- + O2. Able to establish a new believer in his/her faith by using the five Life Concepts.
- + O3. Able to communicate using the CoJourners paradigm language (Explorer, Guide, Builder, Mentor).
- + O4. Able to identify where people are on their spiritual journey and what next steps should be taken with them.
- + O5. Able to create a discipleship plan and can describe purpose and role or a disciple.
- + O6. Able to articulate stages of salvation history from *God's Big Picture* by Vaughn Roberts.
- + O7. Able to explain a biblical understanding of human sexuality and sexual purity.
- + O8. Able to utilize biblical principles and tools for addressing interpersonal conflict.

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All resources can be downloaded on Cricket or at http://bit.ly/MarksYear2

#### Exposure/Experience/Evaluation:

- + Walk through a *The Community* study and help your disciple prepare a Bible Study. Give feedback. (O1)
- + Walk through two *Life Concepts* follow-ups with your disciple. Let them prepare and lead the second one. Give feedback. (O2)
- + Have your disciple bring a friend or peer from class and do Perspectives or engage them in a spiritual conversation. (O4)
  - Debrief that conversation using the CoJourners paradigm. (O3)
- + Walk through Challenge to Discipleship tool to create a discipleship plan. Then help your disciple create a discipleship plan for his/her disciple. (O5)

#### Education

- + Read and discuss CoJourners Transferable Concept. (O3)
- + Read and discuss The Evangelism Model by Keith Davy. (O2/O4)
- + Read and discuss <u>20 Questions and Other Car Games</u> from *The Ultimate Road Trip*. (O1)
- + Read and discuss the book, *Master Plan of Evangelism* by Robert Coleman. (O5)
- + Read and discuss the book, God's Big Picture by Vaughn Roberts. (O6)
- + Teach him/her Personal Purity from The Compass. (O7)
- + Read and discuss the Peacemakers Pledge. (O8)

## YEAR THREE

#### **Desired Outcomes:**

- + O1. Able to describe a biblical process for making decisions based on the will of God.
- + O2. Able to articulate the importance of the local church and the values that should inform choosing a church.
- + O3. Able to answer objections to Christianity and find three passages in the Bible that explain:
  - why we do evangelism
  - why we make disciples/engage in mission
  - the role of prayer in the Christian life
  - the role of the Scriptures in the Christian life
- + O4. Able to explain what the Bible teaches about work.
- + O5. Able to create a personal growth plan for post-graduation

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All resources can be downloaded on Cricket or at http://bit.ly/MarksYear3

#### Exposure/Experience/Evaluation:

- + Teach him/her World Vision from The Compass. (O3)
- + Have your disciple complete the Spiritual Gifts Inventory. Debrief the results. (O5)
- + Walk through *Eight Habits for the Transition* resource. (O5)

#### Education

- + Read and discuss Discerning God's Will letter by Keith Davy. (O1)
- + Read and discuss Choosing a Church Home article. (O2)
- + Read and discuss Answering Objections to the Gospel by Andy McCullough. (O3)
- + Read and discuss *Labor Day: A Theology of Work* article by Bob Thune. (O4)
- + Read and discuss the book, *Just Do Something* by Kevin DeYoung. (O4)
- + Read and discuss The Campus Ministry Growth Model by Eric Swanson. (O5)

### Discipleship Tracking Sheet

Use the below sheet to track what you have done with each of your disciples.

<u>Year</u>	<u>Content</u>	Disciples
Year 1		
	Expose disciple to evangelism, then allow him/her to experience doing initiative evangelism and follow up appointments 3-4 times each semester. Provide evaluation. (O1)	
	Expose disciple to the KGP. Have him/her experience going through it with you. Provide evaluation. (O2)	
	Experience writing and sharing his/her personal testimony. Provide feedback. (O5)	
	Read and discuss <i>Making the Gospel Clear</i> by Jason Hoffman. (O2)	
	Teach him/her <i>Position in Christ</i> from The Compass. (O4)	
	Read and discuss <i>Hearing the Music of the Gospel</i> by Keith Johnson. (O3/O4)	
	Read and discuss <i>How to Have a Quiet Time</i> by Rick Warren. (O3)	
	Read and complete <i>Preparing Your Personal</i> <i>Testimony</i> worksheet. (O5)	
	Read and discuss <i>Walking in the Spirit</i> by Rick James. (O6)	
	Read and practice <i>Satisfied?</i> Booklet Presentation by Bob Fuhs. (O6)	

<u>Year</u>	<u>Content</u>	Disciples			
	Walk through a <i>The Community</i> study and help your disciple prepare a Bible Study. Give feedback. (O1)				
	Walk through two <i>Life Concepts</i> follow-ups with your disciple. Let them prepare and lead the second one. Give feedback. (O2)				
	Have your disciple bring a friend or peer from class and do Perspectives or engage them in a spiritual conversation. (O4) Debrief that conversation using the CoJourners paradigm. (O3)				
Year 2	Walk through Challenge to Discipleship tool to create a discipleship plan. Then help your disciple create a discipleship plan for his/her disciple. (O5)				
~	Read and discuss CoJourners Transferable Concept. (O3)				
	Read and discuss <i>The Evangelism Model</i> by Keith Davy. (O2/O4)				
	Read and discuss <u>20 Questions and Other Car</u> <u>Games</u> from <i>The Ultimate Road Trip</i> . (O1)				
	Read and discuss the book, <i>Master Plan of Evangelism</i> by Robert Coleman. (05)				
	Read and discuss the book, <i>God's Big Picture</i> by Vaughn Roberts. (O6)				
	Teach him/her <i>Personal Purity</i> from The Compass. (07)				
	Read and discuss the Peacemakers Pledge. (O8)				

<u>Year</u>	<u>Content</u>	Disciples				
	Teach him/her <i>World Vision</i> from The Compass. (O3)					
	Have your disciple complete the Spiritual Gifts Inventory. Debrief the results. (O5)					
Year 3	Walk through <i>Eight Habits for the Transition</i> resource. (O5)					
	Read and discuss <i>Discerning God's Will</i> letter by Keith Davy. (O1)					
	Read and discuss <i>Choosing a Church Home</i> article. (O2)					
	Read and discuss <i>Answering Objections to the Gospel</i> by Andy McCullough. (O3)					
	Read and discuss <i>Labor Day: A Theology of Work</i> article by Bob Thune. (O4)					
	Read and discuss the book, <i>Just Do Something</i> by Kevin DeYoung. (O4)					
	Read and discuss <i>The Campus Ministry Growth</i> <i>Model</i> by Eric Swanson. (O5)					

#### DISCIPLESHIP PLANNING

Use this chart to help you plan what you will do in discipleship each week of the semester. Remember to maintain a healthy balance between Word, Relationship and Ministry.

FALL SEMESTER	Disciples' Names					
Week 1						
Week 2						
Week 3						
Week 4						
Week 5						
Week 6						
Week 7						
Week 8						
Week 9						
Week 10						
Week 11						
Week 12						
Week 13						
Week 14						
Week 15						

<u>SPRING</u> <u>SEMESTER</u>	Disciples' Names					
Week 1						
Week 2						
Week 3						
Week 4						
Week 5						
Week 6						
Week 7						
Week 8						
Week 9						
Week 10						
Week 11						
Week 12						
Week 13						
Week 14						
Week 15						